

## Be part of the volunteer's team of the Foundation

### The program

- The horses of the Miranda Foundation are during the summer (May to October) in the Serra de Catllaràs, 30 minutes by forest track of Sant Julià de Cerdanyola (Guardiola de Berguedà), Castell de l'Areny, La Pobla de Lillet and Vilada, in a Protected Area of Natural Interest of the Alt Berguedà. And during the winter (from November to April) at the Parc del Garraf, Olivella and surroundings.
- The tasks are carried out in groups and almost always outdoors, so you have to be prepared to work with sun and rain, to get up early, to help in improvement projects of the farm, fences and water points, which can be intense and enriching.
- All animals that live in the Foundation and the norms or established order must be respected for the safety of these animals, and the sequential adaptation that is different in each case. To avoid the stress of all of them.
- We must know how to respect each individual, humans and animals, work in teams and accept the instructions of those responsible.
- Duration and commitment: 3 months with a minimum of one day per month. Possibility to stay for days in summer (Pla de l'Orri).

### Houses

Houses in the Pla de l'Orri, are quite diverse and almost always related to the sustainability and the improvement of the farm and the life of the animals:

- Construction of enclosures
- Enabling and cleaning of threshing floor
- Forest cleaning and wood collection
- Bioconstruction work for recovery of old constructions
- Reconstruction of dry stone margins
- Mowing specific spaces to prevent the proliferation of weed.
- Collection, drying and packaging of aromatic and medicinal plants or fruits.
- Infrastructure maintenance tasks (repairing fences, electrical wiring of the spaces of the horses, put oil on outside beams, picnic area tables, banks).
- Supervision, socialization and worming of horses in other pasture areas
- brushing of dogs.

It is not necessary that you know how to do everything; you can do some of them.

At the Garraf Natural Park

### Weekly volunteers group

to be part of this team, one must spend, at least, a day of the week reviewing the enclosures, water points and the horses that graze in the area of the Garraf Natural Park.

- New volunteers must be accompanied by a fixed volunteer.
- Horses can be checked once the commitment sheet has already been signed by the volunteer and the project director.
- The day horses are reviewed it will not be able to go with children, dogs and/or other people.

### What to review and how to do it

- Test the tension of the fences, with a tester that will be facilitated by the foundation.
- Test water level for troughs and tanks.
- Count all the horses of the herd that are being reviewed.
- Please check that they are not injured, and if they are, please take a picture.
- Check that they have not lost weight (if a horse is considered to have lost weight, take a picture and/or video).
- Check the helmets, without lifting the hooves, (it must be checked that the helmets are healthy) that the horses walk well.
- Observe the attitude of the horses, that they eat well, that they rest properly, (if it is thought that a horse does not have its normal attitude, please make a video).

After a time of being a weekly volunteer, you can become a fixed volunteer.

The fix volunteers are taught how to make cures, which is the right management of the horse and they can do the course of the School of Transhumance for free..

### Eventual volunteer

To be part of the eventual voluntary team of the Miranda's Foundation, volunteers must assist, at least, at two volunteer calls per month.

These calls may be for:

- Built fences.
- Check water of the troughs.
- Check that there is no damages at the fence that delimits the pasture area of the horses in the Garraf Natural Park

### Volunteers support activities

To be part of the volunteers' team of the activities of the Miranda's Foundation must have a commitment of at least 1 activity per month. These volunteers must have prior knowledge of the herds of the foundation.

The function of this support is:

- Control that there are no incidents between the people who participate in the activity and the horses
- No smoking during the activity
- Transhumance volunteers

NOTE: Weekly volunteers who can not keep their commitment to check horses at least once a week, once they have communicated it, they will become part of the eventual Volunteer Team of Miranda Foundation (except if they are in a medical leave) as it is important to ensure the revision for the well-being of the horses.

### Advantages

- to be member of the volunteers team of the Miranda Foundation, you can use the Installations the day you come to collaborate (wifi, mobile charge, interior space for pause, lunch, toilet, shower, water and picnic area ...) and you can enjoy a privileged and healthy environment.
- You will have civil and voluntary liability insurance.
- You can come to the Meeting of Trustees and Sponsors with a companion or family member.

### Not included in the volunteer program

- Travel expenses.
- Food. You must bring a sandwich or tupper.
- Medical insurance.
- If you use the bar service at the Foundation's headquarters you have a special price as a volunteer.

### DO YOU LIKE TO PARTICIPATE?

Write to [cavalls@fundaciomiranda.org](mailto:cavalls@fundaciomiranda.org) and you have to state your name and phone number, and you should write some lines of your professional and vital career.